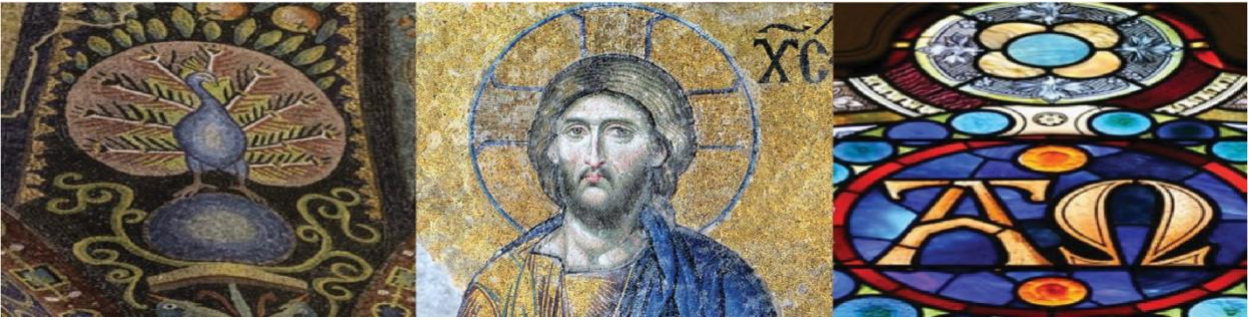


Contemplation



Christ Dwells Within You

Stop a minute. And think about this!

Christ outside. We recognize the Birth of Jesus. Yes!

Christ inside. The Light, Love, Power, and Wisdom resides in you.

Always has. It's your birthright; "made in the image and likeness you are."

Dwell on that thought and let yourself just sink into it.

Feel the peace it brings.

Go to a point in the center of your chest just at your heart.

Visualize a brilliant white Light the size of a pencil eraser.

See that Light gradually spread throughout your entire body.

Now visualize it illuminating the space that you are in – the dwelling – the immediate area – your town – your state – the country – North America – the world – all space to the moon – flood the solar system – the entire cosmos.

Now, bring that Light back to the point in the center of your heart.

His Presence – the Kingdom of Heaven – is WITHIN YOU!

Always has been. Always will be. Nowhere to go. No need to change or believe differently. Are you good enough? Not even a consideration.

Turn in. Relax in the Light of the Inner Christ.

Give yourself this Christmas Present. He will be overjoyed that you have found Him – in plain sight!